

Upcoming Events

What's On Weekly...

July
2024



Monday

Breastfeeding Group

A safe space to meet other mums & get support to feed your baby
10.30am - 11.30am



Imaginative Art

5.30pm - 7.30pm

All at No.18 Venue,
Farmeloan Road, Rutherglen

Tuesday

Kids Cycle Lessons (from 9 July)

Cuningar Loop, Downiebrae Road, Rutherglen

4-6 year olds: 10.30am - 11.15am

7-12 year olds: 11.30am - 12.15pm

NOT 16 JULY



Chess & Chat Club

Learn chess & meet like-minded people

No.18 Venue, Farmeloan Rd,
Rutherglen, 1pm - 2pm

Evening Walk

Glencairn Football Club, Toryglen Rd,
Rutherglen, 4pm - 6pm

Wednesday

Growing Club

Clydesmill Community Fire Station,
Cambuslang, 10am - 12pm

Walk Way Us

West & Wardlawhill Church,
Western Ave, Rutherglen
12.15 - 1.15pm

Kettlercise

Effective kettlebell body-shaping exercise

No.18 Venue, Farmeloan Road,
Rutherglen,
7.15pm - 8.15pm



Thursday

Kids Cycle Lessons (from 11 July)

Cuningar Loop, Downiebrae Road,
Rutherglen

4-6 year olds: 10.30am - 11.15am

7-12 year olds: 11.30am - 12.15pm

NOT 18 JULY

Baby Cafe

Meet other parents & learn through fun play
Fernhill Community Centre,
Fernhill Road, Rutherglen,
11am - 12pm



Coffee Afternoons

Join us for a coffee & chinwag
Eastfield Community Centre, Dukes Road,
Rutherglen, 12.30pm - 1.30pm

Friday

Baby Cafe in the Park

Meet other parents in the fresh air & learn through fun play

Cambuslang Park, Cairns Road,
10am - 11am

SUBJECT TO WEATHER CONDITIONS

Qigong

No. 18 Venue, Farmeloan Rd
Rutherglen, 1 - 2pm



Craft Club

No.18 Venue, Farmeloan Rd,
Rutherglen, 2pm - 3.30pm

Saturday

Fix Your Own Bike

We'll lend you the tools you need
BikeTown, 5 Thomson Court,
Rutherglen, 11am - 3pm



PLUS...

Thursday 11 CamGlen Book Club

Join our fun and friendly book review.
11am - 12pm VENUE TBC

Tuesday 23 Shorts & Shades Day

No.18 Venue, Farmeloan Road,
Rutherglen, 10am-3pm

Wednesday 24 Spajama Party

No.18 Venue, Farmeloan Road,
Rutherglen, 6pm - 8pm

Thursday 25 Baby Massage

Fernhill Community Centre, Fernhill Road,
Rutherglen, 12 - 12.45pm

Thursday 25 Antenatal Classes

No.18 Venue, Farmeloan Road,
Rutherglen, 7pm - 9pm

Friday 26 Harry Potter Workshop

No.18 Venue, Farmeloan Road,
Rutherglen, 10am - 12.30pm

Kids' Activities in Rutherglen Exchange

Come see us at Rutherglen Exchange Shopping Centre, Main Street, Rutherglen
Mon 8 July, 12-3pm - Treasure Hunt
Mon 22 July, 2.15-3pm - Taylor Swift fun
Mon 29 July - 12-3pm - Treasure Hunt

For all our activities, check out our What's On page online

Find out more – call 0141 646 0123 or email enquiries@healthynhappy.org.uk

Book activities online via our What's On page:

www.healthynhappy.org.uk/whatson



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